



Haringey  
**Circle**

Programme of activities  
and events for over 50s

**August 2022**



## How to book

Call: **020 3196 1894**

Email: **hello@haringeycircle.com**

Website: **www.haringeycircle.com**

Payment will be taken using your debit/credit card unless the activity is free or run by a third party.

### Activities are colour coded:

#### Event

Talks, discussions, coffee mornings, quizzes and more.

#### Learning

Classes, workshops, lectures and new skills.

#### Get Active

Keep fit, swimming, walking and other physical activity.

#### Experience

Tours, exhibitions, theatre visits, day trips etc. and more.

#### Social

Get togethers, lunches, pub visits, telephone circles and more.



= A Haringey Circle host/tutor will be present.



= Requires advance booking.



= Places are limited.

## Bingo at Tottenham Green Leisure Centre



Every Monday / 2pm to 4pm

CASH **£10**

Join Circle friends for our weekly Bingo session at Fusion's Tottenham Green Pools & Fitness Centre. It's £1 per game. Come along, have fun and win one of the many cash prizes.



**Venue:** Tottenham Green Pools & Fitness, 1 Philip Lane, Tottenham, N15 4JA.

## Shape Up with Spurs Foundation



Every Monday 5.30pm / Wednesday 10am

**FREE**

Join the Shape up with Spurs yoga sessions to experience a fantastic form of activity that is widely known to boost your physical and mental health.



**Venue:** On the internet, from the comfort of your home. Book your place, and we will send you all the details.

## Dance Classes with Candy 1



Every Tuesday / 2pm to 3pm

CASH £5

Would you like to exercise but have fun at the same time? Join Candy for a dance class and learn basic routines that will get you to move and groove.



**Venue:** Goan Community Centre, Keston Road, Tottenham, N17 6PW.

## Weekly Walk



Every Wednesday / 11am to 12pm

FREE

We choose a new destination each week for these one hour walks. This is a chance to chat to other Haringey Circle members and visit a place you may not have been to.



**Venue:** The destination and meeting point will be confirmed when you register.

## Gardening at Wolves Lane



Every Thursday / 10am to 1pm

FREE

Members get to work on a variety of important projects at the centre, from looking after plants to packing fruit and veg boxes for local residents. Free lunch provided.



**Venue:** Wolves Lane Garden Centre, Wolves Lane, N22 5JD.

## Dance Classes with Candy 2



Every Thursday / 2pm to 3pm

CASH £5

Would you like to exercise but have fun at the same time? Join Candy for a dance class and learn basic routines that will get you to move and groove.



**Venue:** Hornsey YMCA, Elmfield Avenue entrance, 184 Tottenham Lane, Crouch End, N8 8SG.

## Connecting Well / Nature Walk



Every Friday / 10am to 11am

FREE

Come and join us for age-friendly and pleasant walks in Lordship Rec. Enjoy what is happening in nature and meet new people. You don't need to pre-book.



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**Meeting Point:** Outside Lordship Hub, Lordship Recreation Ground, Higham Road, N17 6NU.

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## Connecting Well / Cycling lesson



Every Friday / 11am to 11.45am

FREE

Join this cycling lesson to learn how to ride a bike or improve your cycling skills with an experienced instructor. We can provide you with a bike. Pre-booking required.



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**Meeting point:** Outside Lordship Hub, Lordship Recreation Ground, Higham Road, N17 6NU.

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## Circle Online Quiz time



Every Friday / 5pm to 5.30pm

FREE

Join us for our Online Quiz Time event every Friday! It is a multiple-choice, general knowledge quiz and takes approximately half an hour to complete.



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**Venue:** On the internet, from the comfort of your home. Book your place, and we will send you all the details.

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## Beginners Spanish Class



Every Friday / 5pm to 6pm

FREE

Join Naomi and Circle members for this friendly online class. You'll need internet access on a computer/laptop or tablet and a pen and a paper.



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**Venue:** On the internet using Zoom from your home. Book your place, and we will send you all the details.

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## Coffee Afternoon at the Town Hall



Tuesday 2 August / 12pm

FREE

Join us for our popular Coffee Afternoon. We will be talking about our favourite hobbies. You will have the opportunity to come and chat with other Circle members.



**Venue:** Tottenham Town Hall, Town Hall Approach Road, Tottenham, N15 4RX, or online.

## Alexandra Park Walk with Oonagh



Wednesday 3 August / 11am

FREE

Join Oonagh to discover the long entertaining history of Alexandra Park. The park has many hidden secrets, including a Cold War bunker and an original cricket club.



**Meeting point:** Meet outside the cafe in Alexandra Park, next to the boating pond.



## Summer Cinema at Kings Cross



Friday 5 August / 2pm

FREE

Join Angie and Circle friends in Granary Square, Kings Cross for an outdoor screening of the MGM classic 'Singin' in the Rain'.



**Meeting point:** Meet outside Seven Sisters Station, Seven Sisters Road, Tottenham, N15 5LD.

## Picnic at Lordship Lane Rec



Monday 8 August / 12pm to 2pm

FREE

Join Angie for a 'Bring and Share' picnic at Lordship Lane Rec Park Cafe. This is a good opportunity to catch up with Circle friends.



**Venue:** Lordship Lane Recreation Ground, Lordship Lane, Tottenham, N17 6NU.

## River Lea Walk with Oonagh



Wednesday 10 August / 11am

FREE

Join Oonagh to walk along the towpath from Tottenham Hale to the lovely Markfield Park Café and learn the fascinating history of the River Lea.



**Meeting point:** Meet outside Tottenham Hale Underground Station, Station Road, London, N17 9LR.

## Gardening at Wolves Lane



Thursday 11 August / 10am

FREE

Come along and join Circle friends to do some potting and planting in the company of special guest, Hornsey and Wood Green MP, Catherine West.



**Venue:** Wolves Lane Garden Centre, Wolves Lane, N22 5JD.

## Digital Inclusion Workshop



Monday 15 August / 2pm to 4pm

FREE

Do you want to be able to connect better online? Join our digital expert Robert Thairu at the Town Hall and learn more about how to use your smart phones and computers.



**Venue:** Tottenham Town Hall, Town Hall Approach Road, Tottenham, N15 4RX.

## Crouch End Walk with Oonagh



Wednesday 17 August / 11am

FREE

Join Oonagh for a walk to learn more about the fascinating women of Crouch End. Learn more about Hornsey's first female MP and other leaders from the area.



**Meeting point:** Meet outside Lydia Brasserie, 120 Crouch Hill, N8 9DY.

## Circle Lunch



Wednesday 17 August / 1pm to 3pm

£TBC

Join us to catch up with Circle friends and enjoy a delicious lunch at Organic & Organic. Our lunch events are always popular, so booking is essential.



**Venue:** Organic & Organic Cafe, 1 Topsfield Parade, Crouch End, N8 8PR.

## William Morris Gallery Visit



Friday 19 August / 2pm to 4pm

FREE

Join Angie and Circle friends for a visit to the William Morris Gallery, which holds a significant collection of textiles, furniture, ceramics, paintings, designs and more.



**Venue:** Lloyd Park, Forest Road, Walthamstow, London, E17 4PP.

## Picnic at T On The Green



Tuesday 23 August / 2pm to 3pm

FREE

Join the Tottenham Pensioners Action Group for a 'Bring and Share' picnic at the T On The Green. This is a great opportunity to make new friends.



**Venue:** Bruce Castle Park, Pavilion Bruce Castle Park, Lordship Lane, Tottenham, N17 8NJ.

## Harry Kane Exhibition



Wednesday 24 August / 2pm to 4pm

FREE

Join us to see the Harry Kane Exhibition at the Museum of London. An exclusive, free display celebrating one of the world's best footballers.



**Venue:** The Museum of London, 150 London Wall, London, EC2Y 5HN.

## Pie and a Pint at The Mossy Well N10



Friday 26 August / 2pm to 5pm

£TBC

Catch up with Circle friends and enjoy a pie and a pint at the Mossy Well pub in Muswell Hill. Our lunch events are always popular, so booking is essential.



**Venue:** The Mossy Well, 258 Muswell Hill Broadway, Muswell Hill, N10 3SH.

## Sunday Roast



Sunday 28 August / 1pm to 4pm

£TBC

Enjoy a freshly prepared, delicious Sunday Roast at the Gilpins Bell pub amongst Circle friends. Our lunch events are always popular, so booking is essential.



**Venue:** The Gilpins Bell, 50-54 Fore St, Silver Street, Tottenham/Edmonton borders, N18 2SS.

Booking now... Spurs Stadium Tour



Monday 12th September / 2.15pm

£5

Kick off the week with an exclusive behind-the-scenes tour of Tottenham Hotspur Stadium and step into the shoes of celebrated Spurs stars. Discover everything from the changing rooms to the players' tunnel and dugouts. Come along for an unforgettable experience at this legendary London football stadium.

Places are limited, so please call us to book your place in advance.

If you have an idea for an activity, or would like help organising something that others could get involved in, do get in touch.

We're open to all kinds of ideas and suggestions. We can also help you to set up something close to where you live.



**Contact us / Sign-up for activities or membership**

**Call: 020 3196 1894**

**Email: [hello@haringeycircle.com](mailto:hello@haringeycircle.com)**

**Website: [www.haringeycircle.com](http://www.haringeycircle.com)**

